



ST. JOSEPH MERCY
LIVINGSTON

SAINT JOSEPH MERCY HEALTH SYSTEM



Intensive Cardiac Rehabilitation (ICR)

Opening Fall 2018

Intensive Cardiac Rehab takes a comprehensive approach to recovery after a heart event.

New Facility Features

- Expanded gym floor
- New equipment
- Demonstration kitchen
- Yoga studio
- Video education room

New Classes

- Balance and flexibility
- Cooking
- Mind/body workshops
- Nutrition workshops

Qualifying Conditions

- Angioplasty
- CABG
- Cardiac stent
- Chronic stable angina
- Myocardial infarction
- Transplant
- Valve surgery

All qualifying conditions are reimbursable through Medicare Part B and most commercial insurances

To enroll or for questions, call

517-545-6385

BeRemarkable.